

# Resources for Women's Health

## **Books:**

- *What to Expect When You're Expecting*, Arlene Eisenberg
- *What to Expect the First Year*, Arlene Eisenberg
- *Your Baby's First Year*, American Academy of Pediatrics
- Susan Love's *Hormone Book* and *Breast Book*
- *The New York Times Book of Women's Health*
- The V-Book: A Doctor's Guide to Complete Vulvovaginal Health

## **Internet sites:**

- Women's Health
  - [www.SusanLoveMD.com](http://www.SusanLoveMD.com)
  - Go Ask Alice: [www.alice-columbia.edu](http://www.alice-columbia.edu)
- [www.hrsa.gov/womenshealth](http://www.hrsa.gov/womenshealth)
- [www.breastfeeding.com](http://www.breastfeeding.com)

## **General Health Sites**

- [www.familydoctor.org](http://www.familydoctor.org)
- [www.drkoop.com](http://www.drkoop.com)
- [www.mayoclinic.com](http://www.mayoclinic.com)
- [www.health.harvard.edu/](http://www.health.harvard.edu/)
- [www.arthritis.org](http://www.arthritis.org) (American Arthritis Foundation)
- [www.cancer.org](http://www.cancer.org) (American Cancer Society)

## **For Kids:**

- [www.kidnetic.com](http://www.kidnetic.com)
- [www.facefacts.com](http://www.facefacts.com)
- [www.injuryfree.org](http://www.injuryfree.org)
- [www.kidshealth.org](http://www.kidshealth.org)
- [www.talkingwithkids.org](http://www.talkingwithkids.org)